



5 days workshop with Maya M. Carroll

The Instrument | Composition and its Tellings

When: November 30th (Mon) - December 4th (Fri) 2020

Duration: 5 days, from 11am to 3pm with a small break

Where: TanzRaum - Werkraum Warteck pp
(Burgweg 15, 4058 Basel, Switzerland)

Solidarity Fee: early bird til October 15th: 210€/230fr.,
after: 240€/260fr.

Registration to: info@labonneheure.ch
with a short description of your experience or CV

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Through body, configuration, a vibrant sense of listening and awareness in space and time; this week intensive will be handling choreographies of immediate, present, real - imaginative situations. Gestures, proximity, urge and energy are included themes in the process of understanding how, when and where we act, animate, separate, relate and compose.

Dedicating time to bodily wisdom through our sensorial and sensuous capacity and intelligence; guides towards physical trust and fluid motion. Developing the work, we will zoom in-out and associate our dance making with the intimate and universal narratives, stories and poetry we share as performers. Creative writing will be involved in our individual and collective process, as we refine the texture, atmosphere and details of our compositions.

The work aims to encourage hunger for images, associative playfulness and the ability to observe, support and empower these elements within the state of performing. **It is open for dancers, musicians and actors who are interested in choreography and instant-composition, and can engage with its working-process at a professional level.**

Maya M. Carroll is an independent choreographer, performer, mentor and teacher, based in Berlin since 2004. In the past fourteen years Maya has created over 30 works from solo to extended group pieces. She has collaborated with artists and performers from diverse backgrounds; dancers, visual artists, poets, musicians, actors, opera singers, stage and light designers. Maya has been making dance independently as well as being commissioned to create pieces for state theaters, independent companies and dance academies. Her work is anchored in the meeting point between the tangible and imagined; reality and myth, drawn from and towards the limitless expression of the dancing body.

The Instrument teaching is a physical practice through the articulation of movement in time, space and the imagination. The classes engage with composition in real time, encouraging flow, precision and bodily wisdom as a pathway to dance making and performance. Involving attentiveness, musicality, collective and personal experiences; we work with presence, choice, vision and the interplay between movement and image. Engaging these elements in the process of dance making, the work takes its fascination in relationships between people, environments and choreographic narratives. www.theinstrument.org

Maya leads classes / workshops in Berlin and internationally on a regular basis. In the past fourteen years Maya has been a guest teacher at HZT University (Berlin), Staatstheater Kassel (Johannes Wieland), Theater Greifswald (Jan Pusch), Impulstanz (Vienna), Fabrik Potsdam, Carte Blanche (Bergen), CND Lyon, CNSMD Lyon, CCNR Rillieux (Cie Yuval Pick), Le Pacifique / CDC (Grenoble), Kelim Choreography Center (Israel) and SEAD Academy (Salzburg) to name a few.